

# Wîpac piko kamậcipîkiskwậtậyahkok kitawậsimisinawak ekậ kakwemwestậcîhkahkik kậkîskweskậkocik miswepayihcikana ekwa pîhtwậwin ekwa minihkwewin

Ewakohci ôma onîkihikomâwak ewako ôma masinahikan kahotậpanihocik ehosihtamậkawiyek kawîcihikoyek. Kîyậnaw ôma onîkihikomâwak kâ-ohpikinâwasoya e-akâwatamawâyahkok kitawâsimisinawak miyopimâtisiwin kahkiyaw kîkway ka-miywâsik kakwewîcihâyahkok kweyask kakwepimâtisicik. Kîyậnaw ôma kâkiskinohamawâyahkok kanakateyihtamahk tânisi kîyânaw ehisiwaskawîyahk. Ekwa kâkîpîkiskwâtânawak kweyask kanawasônamậsocik ôma pimâtisiwin. Ewakohci ôma masinahikan kâ-osihcikâtek kawîcihikoyahk kesi-pimiswatâyahkok kitawâsimisinawak.

Mistahi kîkway itahkon kawanisimikocik wâwîs cî kâhatihohpikicik. Âskaw mâna namoya kikiskeyihtenaw tân'si kesi wîcihâyahkok kitawâsimisinawak âta enohtepakitinâyahkok. Namoya kikiskeyihtenanaw tânsipî kapakitinâyahkok wîyawâw kweyask ka-apacihtâcik omâmitoneyicikaniwâw. Tân'spî kanakânâyahkok kitawâsimisinawak kawihtamawâyahkok mistahi esâkihâyahkok kitawâsimisinawak ekâ kawanitâkoskecik. Tâp'we kâmiywâsin ayiwâk kawîcihikoyahk. Piko ôma kehteyak kâspeyimoyahk kawîcihikoyahkok kweyask kîkway kakwehitastamawâyahkok kitawâsimisinawak.

Ewakoni ôhi masinahikana kiskeyihtamowina kawîcihikonaw ekosi ôma ewîhisi wîcihikawiyek.

- 1. Kapehitisahamâkawin masinahikan
- 2. Ekwa mîna peyak oskinîkiskwew otâcimowin
- 3. Kakiskinohamâkawiyek mîna tân'si ehisinâkwâki
- 4. Ôhi mâcimaskihkiya kanisitawinamek
- 5. Tânîsi kesiwaskawitotaman ôhi maskihkiya kîspin wâpahtamani
- 6. Kikiskeyihten cî kîspin awiyak ehohpikitât ekotowahk mâcipîhtwâwin nân'taw cîki ita kâwîkiyan
- 7. A message from Aboriginal community members
- 8. How do I talk to my teenager about drugs? (Alberta Health Services AADAC) (English only)
- 9. Helping Children to Be Resilient (Family Centre) (English only)
- 10. 40 Developmental Assets for Adolescents (Search Institute) (English only)
- 11. The Community Solution to Gang Violence (**English only**)
- 12. Use of traditional parenting methods by Aboriginal agencies

Ôtenawiyiniwak ôki metoni kinohtewîcihikowâwak tânisi kesi ohpikinâwasoyan kakwe wîcihitoyahk piko ekosi piko kesimiyopayin. Kakwekiskeyihtaman piko awîna kasewepitamawat kîspin enitaweyihtaman kawîcihikawiyan.

- To talk to someone about your child or to ask about resources call: The Support Network 2-1-1
- To talk to someone about drugs or alcohol call: Alberta Health Services toll free 1-866-332-2322 (previously called the AADAC Help Line)
- To talk to someone about health concerns call: HEALTHLink Alberta; in Edmonton 780-408-5465 (LINK) or 1-866-408-5465 (LINK) *Telephone advice available 24 hours a day, 7 days a week.*

Ekosi mâka



## Ekwa mîna peyak oskinîkiskwew otâcimowin

Ewako ôma ewîhâcimostâtakok. Nîkân ôma nikahâcimon tânisi ekîpehisipimâtisiyân kâkîhapisîsiyan ekîmisiwanâcihikawiyan enewopiponeyân ekîkitimahikawiyân.

Mistahi ninîkihikwak nestaw kîkisîweyihtamwak namoya ohci kiskeyihtamwak tânisi kesi wîcihicik. Ekospî ohci kîpehayiman nikîhotinikawin nikîkanaweyimikawin môniyâsinâhk pikwîta mihcetimôniyânâhk.

Nîsosâp ehitahtopiponeyân nikîmâciwâwanitâkoskân. Emâcihotinamân ôhi kâmayatâhki maskihkiya. Ekakwewîcewâkaniyân awiyakak mâka namoya kweyask nitohcinawasônâwak niwîcewâkanak. Piyisk ekwa ayiwâk kîmâmayipayin piyisk nikîkipahokâson aciyaw.

Ispî ayinânewosâp ehispîtisiyân. Nikînakiskamâson oskinîkîs nikîwîcetonân ekwa awâsis nikîhayâwânân mâka nikîpîkopayinân. Ekota ohci ayiwâk esohkepayiki macimaskihkiya nikîmâcihapacîhtân ekosi nikîhitâkamikisin nîswâskiy.

Kekâc niwanihtận nimậmitoneyicikan. Piyisk ekwa ekipahikâsoyận kậmậcimậmitoneyimak nikosis ekaskeyimak ekwa emâmitoneyihtamân ekosi ôma ekwa takîpônâkamikisiyân ehiteyihtamân pîtos ôma ekwa kakîsimâmitoneyihtamân piyisk ôhi nikanipahikon. Ekota ekwa kâmâcimâmitoneyihtamân nimâcihayamihân ekwa mânito kawîcihit. Ekwa mîna ekwa nisewepitamâwak ninîkihikwak kawîcihicik ewîhtamawakik pîtos ôma enohtehisiwaskawiyân ekosi nikîpenâtikwak nikîwetahikwak. Nitâcimostak awa nikâwiy ekîpîkiskwestamawit kaponîkaman ôhi macimaskihkiya. Ekota ohci nikîpônîkawâwak niwîcewâkanak namoya kweyask kâkîhohcipimâtisicik. Ekota ohci kotakak nitaspeyimon kawîcihicik.

Anohc ekwa niwîcihitâson ita awâsisak kâkanaweyimîcik nîsta ekwa metoni ehatimiyohayâyân ninisitohtawâwak ôki awâsisak tânite ehotohtecik. Anohc ekwa pîtos nisiwepinikân nitatoskân ekwa mîna nisihtoskâk niwîcewâkan ewîcihit.

Nîsta ekwa okâwîmâw nimâmitoneyihten tânisi kahisihohpikihakik nitawâsimisak osâm ohci kâkîpehisihohpikîkawiyân. Nikiskeyihten ekwa tânisi kesihohpikihawâsoyân. Nikakwewîcihâwak nitawâsimisak. Anohc ekwa nikiskeyihten tânisi kesiwîcihakik nitawâsimisak kanaheyihtahkik tânisi kweyask kahisimanâcihisot.

Mistahi nisâkihâwak nitawâsimisak ekwa nikakwekiskinohtahâwak. Mistahi ekwa ehiteyihtamâhk nipimâtisiwininân.



Ekâ wihkac kapakiteyihtamihk kahahkameyimok. Katâpowakeyihtamahk anohc ekwa nikikiskeyihten tânisi kesi pimâtisiyân kahahkameyimoyân ekâ kawanikiskisiyân kimanitôminaw ekwa kweyask kapimohtahakik nitawâsimisak ekâ kahotinahkik pîhtwâwin ekwa minihkwewin.

Ekospî ninîkihikwak nîya nikîwîcihikwak. Ekwa nitâpowakeyihten onîkihikomâwak ekwa mâmawihohtâwîmâw kâspeyimok.

SUBSTANCE PHOTO	DRUG NAME	COMMON OR	PACKAGING	EFFECT SOUGHT	PHYSICAL SIGNS &	RISKS & LONG TERM EFFECTS
		STREET NAME			SYMPTOMS OF USE	
CONTROLLED SUBSTANCES (COMMONLY KNOWN AS STREET DRUGS) ARE ILLEGAL IN CANADA UNDER THE "CONTROLLED DRUGS AND SUBSTANCES ACT".						
01	CANNABIS	Pot	Jewellery Baggies	Calmness	Crave munchies	Anxiety
	- MARIJUANA	Grass	Sandwich Baggies	Escape	Skunky smell	Paranoia
	- WEED OIL	Weed	Canned	Euphoria	Increased heart rate	Liver / Lung damage
	- HASHISH	Herb		Hallucinations	Forgetfulness	Increased cancer risk
	- HASH OIL	Reefer		Relaxation	Sensitivity to light	Irritability
		Hash		Sensory distortion	Immobility	Memory loss
Allen de la company de la comp		Kush			Red eyes	Weak immune system
	ECSTASY	Adam	Jewellery Baggies	Enhanced emotions	Accelerated heart rate	Anxiety
	(MDMA)	E		Euphoria	Blurred vision	Brain Damage
CO		X	Pill form has a non-	Heightened attention	Clenching of jaw	Convulsions
		XTC	•	,	Nausea	Depression
430		Love drug	carry odd designs,	touch, smell, light	Increased blood pressure	Inability to control body movements
		Essence	look homemade.	Increased stamina	Hallucinations	Kidney failure
		Go			Insomnia	Cardiovascular failure
					Shakes and tremors	Panic
					Chills or sweating	Paranoia
					Vomiting	Death
POWDER	METHAMPHETAMINES		Jewellery Baggies	Decreased need for sleep	Agitation / Irritability	Irrational paranoia
METH		Crystal	(Can be sold in points	Euphoria	Dilated Pupils	Delusions / Delirium
IN FOIL -	CRYSTAL METH	Fire	.1 of a gram)	Heightened attention	Elevated blood pressure	Inflammation of heart lining
10 1 5 1 2 1 5 1 5 1 5 1 5 1 5 1 5 1 5 1 5		Glass		Increased confidence levels	Involuntary jaw clenching	Outburst of unprovoked violence
	** AVOID DIRECT	Ice		Physical energy	Impulsiveness	High risk of addiction
	CONTACT WITH METH,			Weight loss	Unable to sleep	Suicidal thoughts and feelings
	IT CAN BE ABSORBED	•			Loss of appetite	Elevated body temperature
METH IN BAGGIE	DIRECTLY THROUGH	Tweek			Picking at face	Involuntary facial movements
-	UNPROTECTED SKIN **				Tremors and convulsions	Toxic psychosis
The state of the s	COCAINE	Blow	Spit Balls	Extreme pleasure, power,	Dilated pupils	Brain seizures
		Coke	(Corners of sandwich	and strength	Accelerated breathing	Confusion
- MARRIER		Rocks	bags)	Feeling of mental alertness	Dry mouth	Depression (Sadness)
		Freebase	8 Ball	Freedom from pain	Elevated body temperature	Eroded nasal septum
		Snow	(3.5 g = 7  spit balls)	Immediate 'Rush' Sexual arousal	Increased blood pressure Increased heart rate	Feeling of bugs crawling on skin Sleeplessness
	CRACK COCAINE	Crack		Sexual alousal	Loss of appetite	Irrational violent outburst
	(CHEMICALLY ALTERED				Obsessive, repetitive activities	Headaches
	COCAINE)	71 00u			Talkativeness	Heart attacks / Strokes
	COCAINE)					Death
	CUP	Cherry Meth	lowellon, Dogo novide	. Podybuilding	Stuffy nose	Coma
	GHB	Easy Lay	Jewellery Bags - powder Glass Vials - liquid	Intoxication	Drowsiness Impaired coordination	Coma Date rape
	(GAMMA HYDROXY	Everclear	Ciass viais - ligulu	Relaxation	Electrolyte imbalance	Dependence / Addiction
	BUTERATE)	Fantasy		Sociability	Impaired hearing	Difficulty breathing (when combined
		Goop			Impaired judgment	with alcohol)
		Georgia Home Boy			Lack of motor control	Loss of reflexes
		Grievous Bodily Harm			Lowered heart rate	Nausea (when combined with alcohol)
GHB IS A COLOURLESS,		Jib			Reduced inhibitions	Overdose
ODOURLESS LIQUID THAT ACTS AS A CENTRAL NERVOUS		Liquid Ecstasy			Slowed breathing	Seizure
SYSTEM DEPRESSANT.		Soap			Slowed bleatiling	Death
		υσαμ				Deall

SUBSTANCE PHOTO	DRUG NAME	COMMON OR	PACKAGING	EFFECT SOUGHT	PHYSICAL SIGNS & SYMPTOMS OF USE	RISKS & LONG TERM EFFECTS
KETAMINE IS A HALLUCINOGEN, CLOSSLY RELATED TO PHENCYCLIDINE (PCP).	KETAMINE	Black Hole Cat Valium K Kit Kat Special K Super C Vitamin K	Jewellery Bags - powder Foil Folds Glass Vials - liquid	r Altered state of consciousness Dreaminess Hallucinations Intoxication Numbness of extremities	Delusions Disassociation (mind to body) Incoherent speech Increased blood pressure Foul taste in mouth and throat	Amnesia Delirium (extreme confusion) Depression High blood pressure Impaired motor function Respiratory problems Loss of ability to breath Death
N. in	PSILOCYBIN	Magic Mushrooms Shrooms Caps	Jewellery Baggies	Altered state of consciousness Insight Hallucinations Sensory distortion	Distorted sense of reality Feeling out of control / Delusions Hallucinations / Panic Insomnia Intoxication	There is no evidence that Psilocybin causes a physical or psychological dependence.  May hallucinate for up to 4 days
Khat Leaves ↑ Khat Shrub ↑  Khat Bundles Ready For Shipment ↑	KHAT (CATHA EDULIS)	Abyssinian Tea African Salad Chat Kat Khat Oat Miraa (In Kenya) Qat (In Yemen) Tschat (In Ethiopia)	Bundle form wrapped in banana leaves	Feeling of exaltation Liberated from space / time Increase in confidence, friendliness, contentment Positive sexual effects and arousal Dispel feeling of hunger	Dilated pupils Physical exhaustion Violent outbursts Hallucinations	Anorexia Gastric disorders Hyperactivity Insomnia Khat induced psychosis Maniac behaviours Suicidal depression
	ANABOLIC STEROIDS	Anavar Deca-Durabolin Cyclomen Halotestin Oxandrin Winstrol Synthetic Testosterone Methyl-1-Testosterone	Pharmaceutical packaging  M-1-T is found in Supplements	Enhance performance Increase muscle mass Increase muscle strength Fast recovery after intensive training / exercise	Disfiguring acne on shoulders, upper back, arms and face Cramps Depression Enlargement of breasts Decreased sperm count Male pattern balding	Liver / Kidney problems Risk of heart problems Premature delay of bone growth Tendonitis Muscle tears Nosebleeds Various types of cancer
HEROIN IS AN OPIATE DERIVED FROM MORPHINE, WHICH IN TURN IS DERIVED FROM RAW OPIUM HARVESTED FROM AN ASIAN SPECIES OF POPPY FLOWER.	HEROIN	China White Chiva Dope Horse Junk Smack Tar Brown	Grains (14 grains to a gram)	Suppression of pain Surge of euphoria Warm, flushed sensation	Constricted pupils Decreased heart rate Drowsiness Dry mouth / Loss of appetite Itchy skin Needle marks (intravenously) Slowed respiration Stupor Vomiting	Collapsed veins (intravenously) Coma Hepatitis Arthritis / Rheumatologic problems Liver / Kidney disease Risk of dependence / Severe withdrawal Impotence Muscle weakness Death

SUBSTANCE PHOTO	DRUG NAME	COMMON OR STREET NAME	PACKAGING	EFFECT SOUGHT	PHYSICAL SIGNS & SYMPTOMS OF USE	RISKS & LONG TERM EFFECTS
***	LSD	Acid Blotter	Blotter papers Powders	Altered state of consciousness	Accelerated heart rate Elevated body temperature	Anxiety Coma
****	(LYSERGIC ACID DIETHYLAMIDE)	Cid Doses	Tablets	Hallucinations Insight Sensory distortion	Feeling out of control / Delusions Hallucinations Hypertension	Convulsions Depression (sadness) Heart failure
		Microdots Tabs		censory distortion	Lack of coordination Sleep disorder	Flashbacks Incoherent speech
LSD IS USUALLY SOLD IN THE FORM OF BLOTTERS OR TABLETS.		Trips Window Pane			Violent outbursts Vomiting	Lung failure  Permanent distortion of reality
PSYCHOACTIVE SUBSTANCES THAT ARE CI	URRENTLY 'LEGAL' TO PI		RED BY "CONTROLLED I	ORUGS AND SUBSTANCE ACT"		,
THE STATE OF THE PARTY OF THE P	SALVIA DIVINORUM	Maria Pastora Salvia	Extracts Fresh / dried leaves	Improved Mood Calmness	Confusion Less in control	Loss of consciousness  No perception or recollection
Salva Dyinot/		Sally-D	Plant cuttings Seeds		Heightened sense of color Spontaneous laughter	Loss of all control Vertigo
WIND TO THE PROPERTY OF THE PR			Whole plants		Strobing visual affects	Out of body experience
HOUSEHOLD AND INDUSTRIAL PRODUCTS \	WHOSE COMMON TRAIT I	S THAT SNIFFING THEIR FU	JMES PRODUCES PSYCH	OACTIVE EFFECTS. (COMMON	USERS: 8 - 18 YEARS OLD)	
	INHALANTS	Adhesive Spray Airplane glue	Manufacturers packaging	Mental excitement Effect compared to an	Delusions Dilated pupils	Asphyxiation Brain damage
	VOLATILE SOLVENTS	Cleaning fluid / sprays Cooking sprays		instantaneous alcohol intoxication	Distorted view of reality Dramatic mood swings	Coma Delirium (extreme confusion)
		Correction fluid Deodorant			Drunken behaviour Impaired judgment	Headaches Heart attack
		Dust Off Freon			Light-headedness Loss of motor coordination	Liver / Kidney / Lung damage Nosebleeds
		Hair spray Gasoline			Nausea Vomiting	Reduced sense of smell Suffocation
		Nail polish / remover Paint thinner / remover				Violent / Erratic behaviour Death
	INHALANTS	Laughing Gas	Manufacturers	Euphoria	Confusion	Brain damage
		Aerosol Whipped Cream Club / Party balloons	packaging	Intoxication Pain relief	Drunken behaviour	Heart failure
Real WHIPPED CHEAM	NITROUS OXIDE	Club / Party balloons		Mental excitement	Giggling Hallucinations	Liver damage
CREAM					Impaired judgment  Loss of motor coordination	Loss of muscle control Stupor
					Nausea Vomiting	Suffocation Death
ANY PRESCRIPTION DRUGS OR OVER THE COUNTER MEDICATIONS USED FOR NON-MEDICAL PURPOSES CAN CAUSE SERIOUS HEALTH PROBLEMS.						
THE RESERVE THE PARTY OF THE PA	CODEINE	Pain Pills	Pharmaceutical	Euphoria	Apathy	Constipation
•		T3	packaging	Pain relief	Constricted Pupils	Dependence / Addiction
		T4	Syrup		Decreased heart rate	Dizziness
			Capsules		Drowsiness	Light-headedness
			Pill form		Inability to think clearly	Nausea
					Slowed respiration	Overdose

SUBSTANCE PHOTO	DRUG NAME	COMMON OR	PACKAGING	EFFECT SOUGHT	PHYSICAL SIGNS &	RISKS & LONG TERM EFFECTS
		STREET NAME			SYMPTOMS OF USE	
	MORPHINE	Dreamer	Vials	Euphoria	Constricted Pupils	Constipation
PE		M	Syringes	Pain relief	Decreased heart rate	High risk of dependence / addiction
		Morf	Pill form	Sensation of floating	Drowsiness	Loss of appetite
		MS Contin		_	Dry mouth	Mental deterioration
		Peelers			Inability to think clearly	Muscle weakness
		White Stuff			Inability to stay alert	Overdose (fatal)
					Slowed respiration	Reproductive problems
KODITUSSIII = -	DEXTROMETHORPHAN	DXM	Pharmaceutical	Mood lift	Panic	Permanent bodily damage
COUGHGELS		DM	packaging	Euphoria	Dread	Depression
8 Hours 20		Tussin	Syrup	Giggling	Disassociation (mind to body)	Isolation from others
Cough		Roboing	Capsules	Dreamlike state	Vomiting	Dependence / Addiction
36		Triple C's	Pill form		Dizziness	Overdose
ことに		Dex			Itching	Death
	OXYCODONE	Hillbilly Heroin	Pharmaceutical	Euphoria	Constricted Pupils	Constipation
		Kicker	packaging	Pain relief	Decreased heart rate	Convulsions / Seizure
OxyContin®		OC	Pill form	Sensation of floating	Drowsiness	Harmful to unborn babies
		Ox			Dry mouth	High risk of dependence / addiction
		OxyContin			Inability to think clearly	Mental deterioration
		Percocet			Inability to stay alert	Muscle weakness
Percocet®		Percs			Slowed respiration	Overdose
ALCOHOL AND TOBACCO ARE CONSIDERED						
	ALCOHOL	Beer	Manufacturers	Impairs memory	Aggressiveness	Blackouts
		Booze	packaging	Intoxication	Blurred vision	Cancer
		Hard Liquor		Loss of inhibitions	Distorted sense of reality	Central nervous system damage
		Juice		Relaxation	Exaggerated / Erratic emotions	Liver damage (Cirrhosis)
		•				
		Sauce		Relief from pain and anxiety	Impaired coordination	Dependence / Addiction
Boor Wine Aperitr Hard Iquor REHEMBER THAT ALL OF THE FOLLOWING DRINKS		Spirits		Sociability	Impaired judgment	Heart damage
Boer Wine Apenis' Hard Iquor REMEMBER THAT ALL OF THE FOLLOWING DRINKS CONTAIN THE SAME AMOUNT OF ALCOHOL: 13.5 GRANS OF ALCOHOL PER STANDARD DRINK.				'	Impaired judgment Lack of motor control	Heart damage Memory loss
CONTAIN THE SAME AMOUNT OF ALCOHOL:		Spirits		'	Impaired judgment Lack of motor control Reduced inhibitions	Heart damage Memory loss Poor appetite
CONTRIN THE SAME AMOUNT OF RICCHOL's 13.5 GRANNS OF RICCHOL'PER STANDARD DRINK.  Beer Chappigne Toble Wine Restiff Wire Hard Liquer 12% 12% 20% 40%		Spirits		'	Impaired judgment Lack of motor control	Heart damage Memory loss Poor appetite Stomach ulcers
CONTAIN THE SAME AMOUNT OF RICCHOL'S  13.5 GRANES OF RICCHOLO PER STRANDARD DRINK.  Beer Chappogne Toble Wice Revisit Were New Liquer  12% 20% 40%  40%		Spirits		'	Impaired judgment Lack of motor control Reduced inhibitions	Heart damage Memory loss Poor appetite Stomach ulcers Sexual impotence
CONTRIN THE SAME AMOUNT OF RICCHOL's 13.5 GRANNS OF RICCHOL'PER STANDARD DRINK.  Beer Chappigne Toble Wine Restiff Wire Hard Liquer 12% 12% 20% 40%		Spirits		'	Impaired judgment Lack of motor control Reduced inhibitions	Heart damage Memory loss Poor appetite Stomach ulcers Sexual impotence Vitamin deficiencies
CONTRIN THE SAME AMOUNT OF RICCHOC:  13.5 GRANN OF RICCHOCH PER TRANCHARD DRINK.  Beer Chaspagne Table Wine Rectiff Wine Hard Liquor  5% 20% 20% 40%  12% 20% 40%  142 ml 142 ml 85 ml 43 ml	NICOTINE	Spirits	Manufacturers	'	Impaired judgment Lack of motor control Reduced inhibitions	Heart damage Memory loss Poor appetite Stomach ulcers Sexual impotence
CONTRIN THE SAME AMOUNT OF RICCHOC:  13.5 GRANN OF RICCHOCH PER TRANCHARD DRINK.  Beer Chaspagne Table Wine Rectiff Wine Hard Liquor  5% 20% 20% 40%  12% 20% 40%  142 ml 142 ml 85 ml 43 ml	NICOTINE	Spirits Wine	Manufacturers packaging	Sociability	Impaired judgment Lack of motor control Reduced inhibitions Slurred or incoherent speech	Heart damage Memory loss Poor appetite Stomach ulcers Sexual impotence Vitamin deficiencies Death
CONTRAIN THE SAME AMOUNT OF RICCHOL:  13.5 GRANS OF RICCHOL PER STRANDARD DRINK.  Beer Chaspogne Table Wine Aperisif Wine Hard Liquor  12% IZW	NICOTINE	Spirits Wine		Sociability  Calmness	Impaired judgment Lack of motor control Reduced inhibitions Slurred or incoherent speech Coughing	Heart damage Memory loss Poor appetite Stomach ulcers Sexual impotence Vitamin deficiencies Death Cancer
CONTRAIN THE SAME AMOUNT OF RICCHOL:  13.5 GRANS OF RICCHOL PER STRANDARD DRINK.  Beer Chaspogne Table Wine Aperisif Wine Hard Liquor  12% IZW	NICOTINE	Spirits Wine  Cigarettes Cigars		Sociability  Calmness Sociability	Impaired judgment Lack of motor control Reduced inhibitions Slurred or incoherent speech  Coughing Increased blood pressure	Heart damage Memory loss Poor appetite Stomach ulcers Sexual impotence Vitamin deficiencies Death Cancer Chest pain
CONTRAIN THE SAME AMOUNT OF RICCHOL:  13.5 GRANS OF RICCHOL PER STRANDARD DRINK.  Beer Chaspogne Table Wine Aperisif Wine Hard Liquor  12% IZW	NICOTINE	Spirits Wine  Cigarettes Cigars Pipe Tobacco		Sociability  Calmness Sociability Stimulation	Impaired judgment Lack of motor control Reduced inhibitions Slurred or incoherent speech  Coughing Increased blood pressure Increased heart rate	Heart damage Memory loss Poor appetite Stomach ulcers Sexual impotence Vitamin deficiencies Death Cancer Chest pain Wheezing
CONTRAIN THE SAME AMOUNT OF RICCHOL:  13.5 GRANS OF RICCHOL PER STRANDARD DRINK.  Beer Chaspogne Table Wine Aperisif Wine Hard Liquor  12% IZW	NICOTINE	Spirits Wine  Cigarettes Cigars Pipe Tobacco Smokes		Sociability  Calmness Sociability Stimulation	Impaired judgment Lack of motor control Reduced inhibitions Slurred or incoherent speech  Coughing Increased blood pressure Increased heart rate	Heart damage Memory loss Poor appetite Stomach ulcers Sexual impotence Vitamin deficiencies Death Cancer Chest pain Wheezing Chronic Bronchitis
CONTRIN THE SAME AMOUNT OF RICCHOC:  13.5 GRANN OF RICCHOCH PER TRANCHARD DRINK.  Beer Chaspagne Table Wine Rectiff Wine Hard Liquor  5% 20% 20% 40%  12% 20% 40%  142 ml 142 ml 85 ml 43 ml	NICOTINE	Spirits Wine  Cigarettes Cigars Pipe Tobacco Smokes		Sociability  Calmness Sociability Stimulation	Impaired judgment Lack of motor control Reduced inhibitions Slurred or incoherent speech  Coughing Increased blood pressure Increased heart rate	Heart damage Memory loss Poor appetite Stomach ulcers Sexual impotence Vitamin deficiencies Death Cancer Chest pain Wheezing Chronic Bronchitis Dependence / Addiction
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CONTRIN THE SAME AMOUNT OF ALCOHOL.  13.5 GRANNS OF ALCOHOL PER STRANDARD DRINK.  Beer Chaspagne Toble Wise Repetit Wise Herd Liquor 15th 20th 20th 40th 15th 12th 12th 20th 20th 40th 15th 12th 12th 12th 15th 15th 15th 15th 15th 15th 15th 15	NICOTINE  E SERVICE - DRUG S	Spirits Wine  Cigarettes Cigars Pipe Tobacco Smokes Snuff		Sociability  Calmness Sociability Stimulation	Impaired judgment Lack of motor control Reduced inhibitions Slurred or incoherent speech  Coughing Increased blood pressure Increased heart rate	Heart damage Memory loss Poor appetite Stomach ulcers Sexual impotence Vitamin deficiencies Death Cancer Chest pain Wheezing Chronic Bronchitis Dependence / Addiction Emphysema Respiratory infections

HEALTH CANADA - CANADA DRUG STRATEGY WEBSITE: http://www.hc-sc.gc.ca/ahc-asc/activit/strateg/drugs-drogues/index\_e.html DRUGS KNOW THE FACTS CUT THE RISK, PUBLISHER: COMITE PERMANENT DE LUTTE A LA TOXICOMANIE (2004)

AADAC (ALBERTA ALCOHOL AND DRUG ABUSE COMMISSION) & WEBSITE: www.aadac.com
DRUG GLOSSARY COMPILED BY: Cathy A. Backewich - Edmonton Police Service Volunteer Email: cbackewich@coleskids.org

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# Ôhi mâcimaskihkiya kanisitawinamek

The term drug paraphernalia refers to any equipment that is used to produce, prepare, conceal, and consume illicit drugs. Identifying drug paraphernalia can be challenging for any parent.

Dealer-specific products are used by drug traffickers for <u>producing</u> or <u>preparing</u> illegal drugs for distribution at a street level. Items used for preparing drugs include, but are not limited to: scales, vials, jewel baggies, plastic wrap and tinfoil.





The items used for <u>consuming</u> drugs are commonly marketed specifically to youth. They are designed with colourful logos and often disguised as pretty trinkets to trick you into believing they are harmless. Other items include syringes, light bulbs, writing pens, pop cans, straws, spoons and lighters, to name a few.

















Normal household items are often used to <u>conceal</u> illegal drugs. These items include, but are not limited to cell phones, pagers, CD players, magic markers, cosmetic containers, cans with false bottoms; basically, any item that can be carved or hollowed out can be utilized by a drug user.



Lipstick dispenser hides a drug pipe.



Hollow pager adapted to conceal drugs.



Felt tip marker with internal drug pipe.



Soft drink can with false bottom.

# Look for and learn to identify drug paraphernalia.



## Tânîsi kesiwaskawitotaman ôhi maskihkiya kîspin wâpahtamani

All adults play an important role in the lives of children. As a parent, guardian or caregiver, you are the role model that holds the greatest power, impact and influence on your child's attitude towards drug use.

#### What Can You Do?

Gain knowledge on the substances that are a danger to your children: what these substances look like, what they are known as, what the physical signs are if the child is using, and what to do if you find these substances in your home or property.

Keep <u>prescription drugs</u>, <u>alcohol and tobacco</u> products in a secure location that is not easily accessible to children. Keep track of these substances to ensure that they do not go missing without your knowledge.

If you find <u>Street Drugs</u>: Be careful handling any of these substances or drug paraphernalia. Use rubber gloves if you must move them and avoid holding them near your face or exposed skin. For proper disposal of these drugs, please contact your local police station for further advice and assistance. If you choose to drop off drugs at the police station, please notify them in advance.

0	Downtown Division Station	9620-103A Avenue	780-421-2200
0	Southeast Division Station	104 Youville Drive East	780-426-8200
0	Southwest Division Station	9710-51 Avenue	780-426-8300
0	West Division Station	16505-100 Avenue	780-426-8000
0	North Division Station	14203-50 Street	780-426-8100

#### Marijuana Grow Ops

If you suspect a Grow Op in your neighbourhood . . . DO NOT INVESTIGATE OR ACT ALONE. Contact Edmonton Police or Crime Stoppers at 1-800-222-8477.

#### Meth Labs

If you should encounter or suspect a Meth Lab . . . <u>GET OUT! Leave The Area At Once</u> and contact the Edmonton Police Complaint Line 780-423-4567. Outside of Edmonton contact Crime Stoppers at 1-800-222-8477.

Meth Labs are extremely dangerous. Many of the chemicals found in these labs are very corrosive or flammable. Vapours that evolve from chemical reactions attack mucous membranes, skin, eyes and the respiratory tract. Some chemicals will react with water or other chemicals and cause fire or explosion.

Anyone without proper training and protective gear should stay at least 500 feet away from any suspected Meth Lab.

## You CAN Make A Difference!



# Kikiskeyihten cî kîspin awiyak ehohpikitât ekotowahk mâcipîhtwâwin nân'taw cîki ita kâwîkiyan

Marijuana houses are for growing marijuana plants. Crime rings sell the drug for money or other drugs. There are many things you can do to keep your street safe from drug houses.

- 1. Know your neighbours.
- 2. Read the brochure: Marijuana Grow Ops: A Growing Hazard.
- 3. Check this website for information on marijuana houses: www.edmonton.ca/safedmonton
- 4. Notice if a house looks different than others on your street:
  - No snow on rooftop.
  - Water stains.
  - Water build-up.
  - Covered windows.
  - Bright lights on all the time.
  - Steam from vents all the time.
  - Odd, strong smells.
  - No garbage.
  - No groceries.
  - Visits by crop "sitter."
- 5. Call Crime Stoppers (1-800-222-8477) so police can check. You do not have to give your name.
- 6. If you are a landlord, check tenant references.
- 7. Keep track of who moves into your neighbourhood.

Marijuana houses affect neighbours because there is a chance of:

- Fire
- Electrocutions
- Violence

Marijuana growing also causes:

- Higher energy costs to everyone.
- Changes to property value.
- Fumes and toxic mould.
- Need for major repairs to houses.

## A Message from Aboriginal Community Members...

Kîspin kimoweyihten sewepitamawakik aniki simâkanisak ite kâwîkiyan anihi kâmasinahikâteki.

Ewakoni ộhi kậmasinahikâteki kanisitawinaman kîspin wâpahtamani kakiskeyihten. Kanisitawinen ehisinâkwâki ôhi maskihkiya ekwa âpacihcikana kậpacihtậcik.

Ekwa kakiskeyihtenâwâw nisitawinâkohcikewak âtiht mâna mistahi enipâcik emihkwaskâpicik. Enihtâkisiyopayicik âhpo namoya emîcisocik ekwa tâpiskoc enipahinohtekatecik neyistaw. Âhpo âtiht ehatisîsipopayicik ekwa âtiht mâna pâpwâkomipayiwak.

Kweyask kakanaweyihtamihk kweyask kanâkateyihtamihk misiwepayicikana kîspin kîkway kitayânâwâw.

Kîspin kimoweyimâwak kitawâsimisak ekosi ehitâkamikisicik sewepicike.