#### **COMMUNITY SUPPORTS**

A variety of programs and resources exist to help renters manage their finances and meet their needs. Please contact the providers below if any of the listed programs are of interest.

#### **QUICK LINKS**

**Transitioning to Different Housing** 

<u>Senior-Focused Financial Resources & Housing Options</u>

**Youth-Focused Supports** 

**Indigenous Housing Supports** 

**Tenant Supports** 

**Accessing Government Benefits** 

**Emergency Financial Support or Rent Assistance** 

Financial Empowerment & Financial Literacy

Referrals to Social Supports & Services

**Mental Health Services** 

**In-person Community Support Centers** 

Resources for People with Disabilities

#### **Transitioning to Different Housing**

Organization	Description of Services	Contact Information
Homeward Trust Coordinated Access	Provides housing information and navigation for individuals and families at-risk or experiencing homelessness.	780-702-5267 coordinatedaccess@homewardtru st.ca
Government of Alberta - Navigation and Support Centre	ID, Income Support, Access to emergency shelter and housing support.	780-229-3475 10302 107 Street NW. East side entrance. Weekdays 9am to 4pm, walk-ins welcome until 3pm
Government of Alberta 'Find Housing' Service	An online list of available supportive and affordable	Find Housing

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# Senior-Focused Financial Resources & Housing Options

Organization	Description of Services	Contact Information
Sage Seniors Association Safe House	Advanced Planning, Community Animation, Drop-In Counseling, Elder Abuse, Help Around Your Home, Hoarding or Clutter, Housing Information, Income Tax, Information & Support, Outreach, Multicultural Programs, Northern Alberta Regional Centre for Healthy Aging	780-702-1520
GEF Seniors Housing	Affordable Housing options: bachelor and 1 bedroom apartments, lodges with housekeeping, meals and activities provided.	780-482-6561
Operation Friendship Seniors Society	Five housing facilities are available to inner city seniors: Hutton Place, McCauley Lodge, Sparling Lodge, Alliance Manor, Pioneer Place.	780-429-2626
<u>Vista Senior Housing</u>	Provincially owned apartments for Seniors	780-476-1470

### **Youth-Focused Supports**

Organization	Description of Services	Contact Information
Old Strathcona Youth Society (OSYS)	Providing street-level information, resources, referrals, and support to youth in the Whyte Avenue area since 1998. Serving youth ages 14-24.	780-496-5947
<u>e4c</u>	Food Security, Shelter & Housing, Community & Collaborations, Education & Skill Development, Head Start & Early Learning	780-425-5911
iHuman	Help youth ages 12-24 to navigate housing, transportation, mental health, justice, financial assistance and medical care. Arts programs, art therapy, and artistic mentorship.	780-421-8811 info@ihuman.org
Youth Empowerment (YESS)	Youth ages 15-21 health support -	780-468-7070

	physical, mental, cultural, emotional. Safe places to stay.	reception@yess.org (open 24/7)
CHEW outPOST	A safe place to rest, eat, shower, do laundry, and connect with others. Provides sexual health education to queer youth and young adults. Indigenous peer support. Long-term mental health support.	780-665-5220
IFSSA - <u>Islamic Family and Social</u> <u>Services</u>	Provides culturally and spiritually sensitive services. Halal food bank, family violence counseling, youth program, refugee support, etc.	780-900-2777 (10AM - 10PM) info@islamicfamily.ca
YMCA Northern Alberta - Homeward Bound & Housing First	Facility passes and membership, child care, learning, leadership & employment, summer and school break day camps, newcomers & housing support, rentals	contactcentre@ymcanab.ca

### **Indigenous Housing Supports**

Organization	Description of Services	Contact Information
Reaching Home	Immediate interventions and long-term solutions for Métis Albertans facing homelessness. Short-term rental supplements. Damage deposit. Moving expenses. Landlord mediation. Support and resources to prevent an eviction.	780-452-6440
NiGiNan Housing Ventures	Operates four developments within amiskwaciwâskahikan ベアット・クベー・クリームトッ (Edmonton) providing supportive housing, including 24/7 wraparound services, transitional housing and embedded cultural programming.	780-784-6150
The Nikîhk Housing First	Support the housing needs of Urban Indigenous Peoples who are homeless and reside in Edmonton.	780-481-3451
EHA Rent Subsidy Program	Financial relief to renters in The Nation. First month's rent and damage deposit every two years, plus \$500 per month to go toward rental costs. Only Band Members are eligible for this program.	780-470-6912
Indigenous Housing First Program		780-451-4002

		info@ncsa.ca
Indigenous Women Housing Program	Provides subsidized housing to Indigenous women who have a history of homelessness.	1-866-421-1175
Metis Housing		780-452-6440 1-877-458-8684 info@metishousing.ca

### **Tenant Supports**

Organization	Description of Services	Contact Information
Tenant Support Services	Tenants Seeking Advice or Mediation with Landlords	780-496-5959

### **Accessing Government Benefits**

Organization	Description of Services	Contact Information
Benefits Wayfinder	Guide to government benefits that can help put more money in your pocket.	
<u>MyAlbertaSupports</u>	Alberta Supports can help you access more than 30 programs and 120 services for various needs	1-877-644-9992

# **Emergency Financial Support or Rent Assistance**

Organization	Description of Services	Contact Information
Income Support Emergency Financial Assistance	Financial assistance for unexpected emergencies is available through the Emergency Needs Allowance	1-877-644-9992
Support Contact Centre (available 24/7)	If you are facing an emergent need for food, medication, temporary shelter or emergency basic dental services	1-866-644-5135
Rent Assistance	On behalf of the Government of Alberta, rent assistance may be available to help pay for tenancy agreements.	780-420-6161 help@civida.ca
Good Neighbour Fund	The Good Neighbour Fund provides limited assistance to those requiring support in exceptional cases.	info@goodneighbourfund.ca 780-486-9215

financial assistance for people with an eviction notice.
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### Financial Empowerment & Financial Literacy

Organization	Description of Services	Contact Information
Bissell Centre Financial Empowerment Program	Services include financial literacy education, one-on-one financial coaching, support to open an RESP, file taxes, access government benefits and basic banking.	1-844-494-6861
Money Mentors	Alberta-based, non-profit credit counselling, debt consolidation, and financial education agency.	1-888-294-0076
Empower U	Financial empowerment program that helps participants increase their knowledge, tools and access to resources to meet their financial goals. It combines financial education, one-on-one financial coaching and matched savings.	780-990-1000 servicehub@myunitedway.ca
Women's Financial Literacy Program	This program fosters women's self-worth through skill building in budgeting, debt reduction, building assets, coping strategies, and stress management.	780-784-2203
Make Tax Time Pay	Free Tax filing supports for Edmontonians	780-722-9409 mttp@e4calberta.org

# Referrals to Social Supports & Services

Organization	Description of Services	Contact Information
HelpSeeker	Find nearby services in your community.	
211 Resource Lists	Mental Health and other resources in the community.	211

#### **Mental Health Services**

Organization	Description of Services	Contact Information
24-hours Distress Line	Available seven days a week, the Distress Line provides confidential, non-judgmental and short-term crisis intervention, emotional support and resources to people in crisis or distress. We also	780-482-4357 (HELP)

	support family, friends and caregivers of people in crisis.	
Wellness Network		780-699-3253 wellnessnetwork@e4calberta.org
Access 24/7	Community-based mental health and wellness programs, recovery college courses, and peer-led services  Provides a range of urgent and non-urgent addiction and mental health services including service navigation, screening, assessment, referral, consultation, crisis intervention, outreach and short term stabilization.	780-424-2424

### **In-person Community Support Centers**

Organization	Description of Services	Contact Information
C5 Community Hub	Collaboration between 5 social agencies to support and empower children and families, including Indigenous, immigrants and refugees, teen parents and vulnerable children.	780-456-1484
e4c Community Centre	Local non-profit organization with available social workers to connect you with resources and support.	780-425-7543 info@e4calberta.org
Bissell Community Space	A community space that offers access to basic needs, support and relationships in the community.	780-423-2285
AdultSupport Services	Provides free one-on-one support to individuals 16 years+ on a first come, first served basis who require support for obtaining and retaining employment.	780-428-7590
Jasper Place Wellness Centre	Non-profit organization that supports people in finding affordable housing, health care, and employment.	780-481-4001

# **Resources for People with Disabilities**

Organization	Description of Services	Contact Information
The Advocate for Persons with Disabilities	Helps resolve concerns and challenges, finds available services, promotes rights, interests and well-being, identifies gaps in services, delivers expert advice to	1-800-272-8841 780-422-1095 advocate.disability@gov.ab.ca

	senior leadership.	
PDD - Supports and Services	Helps eligible adults with planning and services to meet personal needs and goals.	780-427-4354
Inclusion Alberta	An advocacy organization supporting Children and Adults with Intellectual Disabilities and their families be fully included in community life. Secure supports and services, Inclusive recreation, education and employment.	1-800-252-7556 780-451-3055
Voice of Albertans with Disabilities	Reducing barriers to full inclusion. Supporting individuals, organizations, government representatives, schools, business personnel, and employers find solutions.	780-488-9088
<u>Disability Benefits</u>	Disability pensions and children's benefits, savings plans and a gasoline tax refund program.	
Disability Advocacy Network	A national network where you can build the skills to advocate for yourself. A community of peers who advocate for an inclusive barrier-free society for people with disabilities. Created for people with disabilities, their families, and caregivers.	advocacy@marchofdimes.ca
Red Plaid Developments	Barrier-free homes built on existing properties and used primarily as rental suites for people with mobility challenges.	info@redplaidhomes.com 780-504-5656
No Limits Collective	Building accessible garden suites across Alberta.	living@nolimitscollective.com
Care Housing Society	Creating Accessible Residential Environments A non-profit organization that raises funds to purchase and maintain homes specifically for people with developmental disabilities.	Contact
<u>L'arche Edmonton</u>	Six L'Arche houses in Edmonton and Sherwood Park and a Day Program where people with and without disabilities live together. We have a Community Centre located in Fulton place where our	780-465-0618 edmoffice@larcheedmonton.org

Day Program administration teamwork and our community gatherings take place. We are a diverse and multicultural community, and we celebrate the unique gifts of each individual wh chooses to live and work with us.	
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