

Winter 2022 | EFFECTIVE JANUARY 2

Visit movelearnplay.edmonton.ca for a complete list of activities.

FACILITY HOURS

	SUN	MON	TUES	WED	THU	FRI	SAT
ADMISSION DESK	6AM-10PM	5:30AM-10:30PM	5:30AM-10:30PM	5:30AM-10:30PM	5:30AM-10:30PM	5:30AM-10:30PM	6AM-10PM
FITNESS CENTRE INDOOR TRACK	6AM-10PM	5:30AM-10:30PM	5:30AM-10:30PM	5:30AM-10:30PM	5:30AM-10:30PM	5:30AM-10:30PM	6AM-10PM
OPEN GYM	6AM-10PM	5:30AM-10:30PM	5:30AM-10:30PM	5:30AM-10:30PM	5:30AM-10:30PM	5:30AM-10:30PM	6AM-10PM
INDOOR PLAYGROUND	8AM-8PM	8AM-8PM	8AM-8PM	8AM-8PM	8AM-8PM	8AM-8PM	8AM-8PM
KIDS DEN (0-11 YEARS)	NOT AVAILABLE AT THIS TIME - TBD						

AQUATIC SCHEDULE

ACTIVITY	SUN	MON	TUE	WED	THU	FRI	SAT	
LANE SWIM 50M	NOT AVAILABLE AT THIS TIME - TBD							
LANE SWIM 25M	6AM-9PM	5:30AM-10PM	5:30AM-10PM	5:30AM-10PM	5:30AM-10PM	5:30AM-10PM	6AM-9PM	
PUBLIC SWIM:	LEISURE POOL 6-9AM 9AM-1PM SHARED 1-9PM	5:30AM-4PM 4-7:30PM SHARED 7:30PM-10PM	5:30AM-4PM 4-7:30PM SHARED 7:30PM-10PM	5:30AM-4PM 4-7:30PM SHARED 7:30PM-10PM	5:30AM-10PM	5:30AM-4PM 4-7PM SHARED 7PM-10PM	6-9AM 9AM-1:30PM SHARED 1:30-9PM	
	TOT POOL	6-9AM 1-9PM	5:30AM-4PM 7:30PM-10PM	5:30AM-4PM 7:30PM-10PM	5:30AM-4PM 7:30PM-10PM	5:30AM-10PM	5:30AM-4PM 7:30PM-10PM	
	LEISURE POOL & WAVES	2-7PM				4-9PM	7-9PM	2-7PM
	PUBLIC DIVE 1, 3 & 5M	2-9PM	8PM-10PM	8:30PM-10PM	8PM-10PM	8:30PM-10PM	7PM-10PM	2-9PM
HOT TUB & STEAM ROOM	6AM-9PM	5:30AM-10PM	5:30AM-10PM	5:30AM-10PM	5:30AM-10PM	5:30AM-10PM	6AM-9PM	
WATERSLIDE	6AM-9PM	5:30AM-10PM	5:30AM-10PM	5:30AM-10PM	5:30AM-10PM	5:30AM-10PM	6AM-9PM	
REGISTERED LEARN TO SWIM PROGRAMS	9AM-1PM	4:15-7:30PM	4:15-7:30PM	4:15-7:30PM		4:15-7PM	9AM-1:30PM	
COMMUNITY SWIM	5-7PM	FOR DISTRICT COMMUNITY MEMBERS YOUR COMMUNITY LEAGUE CARD IS REQUIRED FOR ADMISSION TO COMMUNITY LEAGUE RENTALS					5-7PM	
SHALLOW WATER AQUAFIT		10AM-11AM	10AM-11AM		10AM-11AM			
DEEP WATER AQUAFIT				10AM-11AM		10AM-11AM	9AM-10AM	

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Did You Know...

Instructor-Led programs do not run on Statutory Holidays.

During stat holiday closures, customers who have facility level: Monthly, Continuously Monthly or Annual memberships at closed facilities will be able to access the larger Community Recreation Centres at no extra charge.


Visit [Recreation Centres and Pools](#) on edmonton.ca for live facility information including amenities, pool temperatures, and so much more!

You can sign up to receive email updates regarding pool/amenity closures, cancelled classes, and holiday hours! Visit edmonton.ca/facilitynotifications to subscribe. Please note that you will only receive notifications for the facilities you subscribe to. This notification tool is not used for promotions.

Schedules are subject to change. Visit movelearnplay.edmonton.ca to register for Aquatic Programs and review up to date information regarding drop in activities (including number of lanes available and Instructor Led Programs).

Aquafit classes with a seasonal average attendance of 17 people or less are subject to cancellation.

ACTIVITY DESCRIPTIONS

LANE SWIM		Individual lanes available for lane swim, water walking/jogging and individual wellness movement. Please note, depth may vary, lane availability depends on other facility bookings.
PUBLIC SWIM	LEISURE POOL	<p>A recreational swim for all ages! Additional amenities such as waves, diving boards, water slides, lazy river, climbing walls, tot pools, etc. may be available.</p> <ul style="list-style-type: none"> • A maximum of 3 children under 8 years must be actively supervised in the pool (and on the immediate deck and amenities) by a responsible person 15 years and older. Keep children under 8 years at arms reach at all times. Children who are not supervised will not be allowed in the pool area. • Everyone must be able to swim 25 metres on their front without stopping before entering chest deep water. Youth under the age of 13 years must demonstrate this ability, and those 13 or older may be asked. If a lifejacket is used for the swim it must always be worn in deep water <p>Review our aquatic centre rules and guidelines.</p>
	TOT POOL	A recreational swim in the teach pool designed specifically for younger children to attend with parental supervision.
	LEISURE POOL & WAVES 	A Public Swim in our Leisure Pool, with our wave machine running every 20 minutes!
	PUBLIC DIVE 1, 3 & 5M	A Public Swim in our Leisure Pool and Main Pool, including use of the Movable Floor and 1, 3, & 5M Diving Boards.
HOT TUB & STEAM ROOM		Facility amenities to warm you up!
WATERSLIDE		Our water slide exits into a shallow water trough and is perfect for all ages.
REGISTERED LEARN TO SWIM PROGRAMS		Learning to swim is easy and fun with our swimming lessons for tiny tots, youth, and adults. To register come to any of our City of Edmonton facilities, or online at https://movelearnplay.edmonton.ca
COMMUNITY SWIM		A swim arranged with area-specific community leagues. A community league membership card is required for entry. Please check at the facility or call your Community League for details.
SHALLOW WATER AQUAFIT		Aquafit is a fun and energetic aerobic exercise class that uses the water for resistance. Low to zero impact makes it easy on bones and joints.
DEEP WATER AQUAFIT		An aqua belt suspends you so that your whole body gets a total workout. Good for those with joint or injury concerns. Must be able to swim 25 metres in deep water comfortably.